

Patients with gastro-intestinal malignancies and anticoagulation due to thrombosis

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Patient Case



Patient initial presentation, diagnosis & management





Management

Chemotherapy with FOLFOX + Nivolumab to be started



Patient initial presentation, diagnosis & management

Photographs of an initial upper endoscopy exam showing moderately diffuse inflammation and edema with stigmata of bleeding in the fundus of the stomach.

Biopsies reveal adenocarcinoma – poorly differentiated with signet ring cells.





American Society of Hematology 2021 guidelines for management of venous thromboembolism: prevention and treatment in patients with cancer

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"LMWH or direct oral anticoagulants (DOAC) in ambulatory patients with cancer receiving systemic therapy at high risk of VTE and LMWH or DOAC for initial treatment of VTE"

Venous Thromboembolism Prophylaxis and Treatment in Patients With Cancer: ASCO Clinical Practice Guideline Update

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ASCO: "Caution with DOACs also warranted in other settings with high risk for mucosal bleeding"



Lyman GH, et al. Blood Adv. 2021 Feb 23;5(4):927-974; Key NS, et al. J Clin Oncol. 2020 Feb 10;38(5):496-520. doi: 10.1200/JCO.19.01461. Epub 2019 Aug 5; Stevens SM, et al. Chest. 2021 Dec;160(6):e545-e608. doi: 10.1016/j.chest.2021.07.055. Epub 2021 Aug 2; Fargue D, et al. Lancet Oncol 2022; 23: e334–47; Streiff MB, J Natl Compr Canc Netw. 2021 Oct 15;19(10):1181-1201. doi: 10.6004/jnccn.2021.0047





Types of anticoagulants used in the management of CAT



Types of anticoagulants used in the management of CAT

	Dire	ct Oral An	ticoagulants		LMWH			
Characteristics	Dabigatran	Apixab an	Edoxaban	Rivaroxaban	(Enoxaparin, Dalteparin)	Warfarin	Fondaparinux	
Mechanism of action	Direct thrombin inhibitor, prodrug requires conversion by carboxylesterases	Factor Xa inhibitor	Factor Xa inhibitor	Factor Xa inhibitor	Inhibition (through antithrombin III) of factor Xa and Ila	Inhibits formation of vitamin K dependent clotting factors (factors II, VII, IX, X) and proteins C and S	Inhibition (through antithrombin III) of factor Xa	
Renal clearance	80	27%	50%	66% (30% as inactive metabolites)	R8%–40% (10% unchanged)	92%	77%	
CYP metabolism	No	Mostly CYP3A4/ 5	Minimal	CYP3A4/5, CYP2J2	No	CYP2C9, CYP1A2, CYP3A4, CYP2C19	No	
Impacted by P-glycoprotein Transporter system	Yes	Yes	Yes	Yes	No	No	No	
Bioavailability	3%–7%, pH-dependent	50%	62%	66%–100% (increased with food for 15- to 20-mg dose)	80%–100% (subcutaneous)	100%	100% (subcutaneous)	
Half-life	12–17 h	8–15 h	10-14 h	5–13 h	3–7 h	40 h (variable)	17–21 h	
Dosing frequency	Twice daily	Twice daily	Daily	Daily	Twice daily or daily	Daily	Daily	

• Anticoagulants recommended in current CAT treatment guidelines include low-molecular-weight heparin (LMWH), warfarin, and in recent years, the direct oral anticoagulants (DOACs)

• Fondaparinux is also occasionally used in outpatient CAT management

European Labelling Information for DOAC Use in Cancer Patients

4.4 Special warnings and precautions for use

APIXABAN ¹	RIVAROXABAN ²	DABIGATRAN³	EDOXABAN ⁴
Patients with active cancer can be at high risk of both VTE and bleeding events. When apixaban is considered for DVT or PE treatment in cancer patients, a careful assessment of the benefits against the risks should be made	Patients with malignant disease may simultaneously be at higher risk of bleeding and thrombosis. The individual benefit of antithrombotic treatment should be weighed against risk for bleeding in patients with active cancer dependent on tumour location, antineoplastic therapy and stage of disease. Tumours located in the gastrointestinal or genitourinary tract have been associated with an increased risk of bleeding during rivaroxaban therapy. In patients with malignant neoplasms at high risk of bleeding, the use of rivaroxaban is contraindicated	The efficacy and safety have not been established for DVT/PE patients with active cancer. There is limited data on efficacy and safety for paediatric patients with active cancer	Efficacy and safety of edoxaban in the treatment and/or prevention of VTE in patients with active cancer have not been established

It's important to note that apixaban is contraindicated in patients with malignant neoplasms at high risk of bleeding.1

Comparisons cannot be made between individual NOACs based on these data.

DOAC, direct oral anticoagulant; DVT, deep vein thrombosis; PE, pulmonary embolism; VTE, venous thromboembolism.

1. European Summary of Product Characteristics, Eliquis[®] (apixaban); 2. European Summary of Product Characteristics, Xarelto[®] (rivaroxaban); 3. European Summary of Product Characteristics, Pradaxa[®] (dabigatran); 4. European Summary of Product Characteristics, Lixiana[®] (edoxaban).





Studies showing efficacy & safety of NOAC use in CAT



Study Characteristics									
		Treatment	Baseline characteristics indicated as No. (%)						
Study name	Year	allocation*	Male	Age (mean/median with SD/IQR), a	Index-event PE ± DVT	Incidental VTE	Prior VTE	Metastatic disease	Gastro-intestinal cancer
Hokusai VTE	2019	Edoxaban, n = 522‡	277 (53.1)	64 ± 11	328 (62.8)	167 (32.0)	49 (9.4)	274 (52.5)	165 (31.6)
Cancer	2016	Dalteparin, n = 524	263 (50.2)	63 ± 12	329 (62.8)	167 (32.0) 4 173 (33.0) 108 (53.2)	63 (12.0)	280 (53.4)	140 (26.7)
Select-D 20	2018	Rivaroxaban, n = 203	116 (57.1)	67 (22–87)	150 (73.9)	108 (53.2)	NR	118 (58.1)	94 (46.3)
		Dalteparin, n = 203	Rivaroxaban, n = 203116 (57.1)67 (22–87)150 (73.9)108 (53.2)Dalteparin, n = 20398 (48.3)67 (34–87)145 (71.4)105 (51.7)	NR	118 (58.1)	86 (42.4)			
	2020	Apixaban, n = 150	72 (48.0)	64 ± 11	81 (54.0)	NR	8 (5.3)	96 (64.0)	48 (32.0)
ADAM-VIES		Dalteparin, n = 150	73 (48.7)	64 ± 11	75 (50.0)	NR	12 (8.0)	97 (64.7)	57 (38.0)
CARAWACCIO	2020	Apixaban, n = 576	292 (50.7)	67 ± 11	304 (52.8)	116 (20.1)	45 (7.8)	389 (67.5)	188 (32.6)
CARAVAGGIO	2020	Dalteparin, n = 579	276 (47.7)	67 ± 11	334 (57.7)	114 (19.7)	61 (10.5)	396 (68.4)	187 (32.3)

Data are expressed as No. (%) unless otherwise indicated. IQR, interquartile range; NR, not reported; SD, standard deviation.

*Number of patients in (modified) intention-to-treat analysis.

‡A total of 122 (23.4%) patients receiving edoxaban met the criteria for dose reduction to 30 mg edoxaban once daily.

§ In the ADAM-VTE trial, baseline characteristics were presented for all 300 randomized patients, and the analysis was performed in the modified intention-to-treat population (n 5 145 in the rivaroxaban group, n 5 142 in the dalteparin group).

¶For the CARAVAGGIO study, this number also includes patients with recurrent locally advanced cancer.

IQR, interquartile range; NR, not reported; SD, standard deviation; VTE, venous thromboembolism.



Cancer Type distribution across studies								
	CARAVAGGIO*		SELECT-D [†]		HOKUSAI VTE Cancer [‡]		ADAM-VTE	
	Apixaban (n=576)	Dalteparin (n=579)	Rivaroxaban (n=203)	Dalteparin (n=203)	Edoxaban (n=522)	Dalteparin (n=524)	Apixaban (n=150)	Dalteparin (n=150)
Colorectal	121 (21.0)	113 (19.5)	55 (27.0)	47 (23.0)	83 (15.9)	79 (15.1)	18 (12.2)	29 (19.6)
Upper Gl	23 (4.0)	31 (5.4)	15 (7.0)	26 (12.0)	33 (6.3)	21 (4.0)	7 (4.8)	4 (2.7)
Lung	105 (18.2)	95 (16.4)	22 (11.0)	25 (12.0)	77 (14.8)	75 (14.3)	32 (21.8)	19 (12.8)
Breast	79 (13.7)	76 (13.1)	20 (10.0)	20 (10.0)	64 (12.3)	60 (11.5)	16 (10.9)	12 (8.1)
Genitourinary	66 (11.5)	73 (12.6)	25 (13.0)	17 (11.0)	65 (12.5)	71 (13.5)	13 (8.7)	14 (9.3)
Gynocological	60 (10.4)	59 (10.2)	18 (9.0)	25 (12.0)	47 (9.0)	63 (12.0)	14 (9.5)	15 (10.1)
Pancreatic or hepatobiliary	44 (7.6)	43 (7.4)	12 (10.0)	13 (6.0)	49 (9.4)	40 (7.6)	23 (15.6)	24 (16.2)
Head and neck ^{\$}	14 (2.4)	8 (1.4)	0 (0.0)	0 (0.0)	—	—	0 (0.0)	0 (0.0)
Brain tumor	0 (0)	0 (0)	1 (1.0)	2 (1.0)	=	=	3 (2.0)	5 (3.4)
Bone/Soft issue	11 (1.9)	7 (1.2)	2 (1.0)	0 (0.0	—	—	3 (2.0)	1 (0.7)
Skin: melanoma	4 (0.7)	7 (1.2)	—	—	—	—	0 (0.0)	4 (2.7)
Hematological malignacy	33 (5.7)	52 (9.0)	14 (7.0)	17 (9.0)	56 (10.7)	55 (10.5)	13 (8.9)	14 (9.5)
Other	16 (2.8)	15 (2.6)	10 (5.0)	11 (7.0)	48 (9.2)	60 (11.5)	0 (0.0)	2 (1.4)

Values are n (%). *Basal cell or squamous cell carcinoma of the skin, primary brain tumor or known intracerebral metastases, and acute leukemia were not included in the CARAVAGGIO trial. †Basal cell or squamous cell carcinoma of the skin were not included in the SELECT-D trial. ‡Basal cell or squamous cell carcinoma of the skin were not included in the Hokusai VTE Cancer trial. \$Other than brain tumors. Il Data not available, because brain tumors were included under "other tumors".





How to treat cancerassociated VTE: Does LMWH do a better job (vs. VKA)?



Efficacy and safety of LMWH vs VKA



LMWH, low molecular weight heparin; VKA, vitamin K antagonist



F. Posch et al. Thromb Res 136 (2015) 582-589.



Do DOACs do a better job?





Can Edoxaban do a better job? (vs. LMWH)



Hokusai- VTE cancer, Study Design

Prospective, randomized, open-label, multicenter noninferiority study comparing LMWH dalteparin with edoxaban for 12 months

Primary outcome

Composite of recurrent VTE or major bleeding regardless of duration of therapy

Secondary outcome

VTE, PE, DVT, major bleeding, CRNMB, all cause death, event free survival



*≥5 days of LMWH. Choice of LMWH type and lead-in duration were left to treating physician; †Edoxaban 30 mg OD for patients requiring dose adjustment for CrCl 30–50 mL/min, body weight ≤60 kg or concomitant P-gp inhibitor use.

CRNMB, clinically relevant nonmajor bleeding; DVT, deep vein thrombosis; EFS, event free survival; LMWH, low-molecular-weight heparins; PE, pulmonary embolism; VTE, venous thromboembolism, PROBE placebo controlled randomized, blinded endpoint.



Primary study results: composite safety and efficacy





VTE, venous thromboembolism

Efficacy and Safety Results

Cumulative event rates for recurrent VTE and major bleeding





Edoxaban

Dalteparin

300

282

298

360

168

183

330

248

262

VTE, venous thromboembolism

Raskob GE E et al.N Engl J Med 2018; 378,7: 615-624.

Composite, efficacy and safety results



 No statistically significant interactions between subgroup and treatment, except for the subgroups gastrointestinal cancer at the time of randomization

• Patients with gastrointestinal cancer were more likely to have an increase in the risk of bleeding during treatment with edoxaban than with dalteparin (P = 0.02 for interaction in the safety population)

HR, hazard ratio; VTE, venous thromboembolism

Adapted from Raskob GE E et al.N Engl J Med 2018; 378,7: 615-624.

Sites of Major bleeding

	Edoxaban (N = 522)	Dalteparin (N = 524)
Major bleeding, n (%)	33 (6.3)	17 (3.2)
Fatal†	0	2 (0.4)
Intracranial	2 (0.4)	2 (0.4)
Gastrointestinal	20 (3.8)	6 (1.1)
Upper	17 (3.3)	3 (0.6)
Lower	3 (0.6)	3 (0.6)†
Urogenital	5 (1.0)	0
Other	6 (1.1)	7 (1.3)
Severity of Major bleeding, n (%)‡		
1	0	0
2	21/33 (63.6)	5/17 (29.4)
3	12/33 (36.4)	11/17 (64.7)
4	0	1/17 (5.9)

The site of fatal bleeding was intracranial in one patient and lower gastrointestinal in one patient.
The severity of clinical presentation of major bleeding was adjudicated without knowledge of treatment assignment according to the predefined categories
1: Bleeding events presenting without any clinical emergency,
2: Bleeding events that could not be classified to any of the other three categories, as they presented with the need for some measures but without clear urgency,
3: Bleeding events presenting with great medical urgency, such as bleeding with hemodynamic instability or intracranial bleeding presenting with neurologic symptoms,
4: Bleeding events already fatal before or almost immediately upon entering the hospital.

DVT, deep-vein thrombosis; PE, pulmonary embolism; VTE, venous thromboembolism.



Event (major bleeding/ recurrent VTE/ death) free survival



\$

Event-free survival was defined as the absence of recurrent venous thromboembolism, major bleeding or death

Author's conclusions

•Edoxaban was non-inferior to dalteparin with respect to the composite outcome of recurrent venous thromboembolism or major bleeding

•The rate of recurrent VTE was lower but the rate of major bleeding was higher with edoxaban than with dalteparin

VTE, venous thromboembolism.





Can Rivaroxaban do a better job? (vs. LMWH)



Select-D, Study Design

Multicenter, randomized, open-label, pilot trial comparing dalteparin vs rivaroxaban for 6 months

Primary outcome

VTE reccurence at 6 months

Secondary outcome

Major bleeding, CRNM Bleeding

6 months



A second random assignment for a further 6 months' treatment in this study was closed based on a recommendation from the DSMC

BID, twice daily; CRNM, clinically relevant non major; DSMC, data and safety monitoring committee; DVT, deep vein thrombosis; OD, once daily; PE, pulmonary embolism; VTE venous thromboembolism *For patients with CrCl 30–49 mL/min dosing recommendations as in rivaroxaban SmPC; if a patient's platelet counts were <50,000/mm3, rivaroxaban was to be discontinued until platelet count recovered to >50,000/mm3; †The dose was adjusted or discontinued for low platelet count and significant renal failure until recovery.



Efficacy and Safety results

Cumulative VTE recurrence and major bleeding rate at 6 months



VTE, venous thromboembolism; CI, confidence interval; HR, hazard ratio

Young A et al. J clin oncol. 2018; 36,20: 2017-2023.



Efficacy and Safety results



- 54% of patients completed 6 months of trial treatment
- Most major bleeding events were GI bleeds
- Patients with esophageal or gastroesophageal cancer tended to experience more major bleeds with rivaroxaban than with dalteparin (4 (36%) of 11 versus 1 (11%) of 19)

CI, confidence interval; CRNM, clinically relevant non major; HR, hazard ratio; VTE, venous thromboembolism



Sites of bleeding

	Rivaroxaban (N = 203)	Dalteparin (N = 203)
Major bleeding*, n	11	6
Gastrointestinal	8	4
Esophageal	3	1
Stomach	2	3
Lower GI	1	0
Site unkown	2	0
Genitourinary- Hematuria	1	0
Other	2	0
CRNM Bleeding*, n	25	7
Gastrointestinal	9	3
Upper Gl	2	0
Lower GI	0	1
Other	5	2
Genitourinary	11	2
Other	7	3

*Patients could have more than one reason or site of bleed; one patient receiving rivaroxaban had two CRNMBs



CRNM, clinically relevant non major

Author's conclusions

- Rivaroxaban is an effective alternative to LMWH for the treatment of VTE in cancer
- Rivaroxaban reduced the rate of recurrent VTE compared with LMWH, but at the cost of more bleeding
- Oral administration is more convenient than daily subcutaneous injections
- It should be used with particular caution in patients with esophageal cancer
- At the end of the day, a patient's preference for a specific anticoagulant is based on a careful discussion between patient and physician about the benefits and risks of the treatment alternatives





Can Apixaban do a better job? (vs. LMWH)



CARAVAGGIO, Study Design

Aim:

To assess whether oral apixaban would be non-inferior to subcutaneous dalteparin, a LMWH, for the prevention of recurrent VTE in patients with cancer without increasing the risk of major bleeding



The maximum daily dose allowed for dalteparin was 18 000 IU. During the trial, the protocol was amended to allow dose adjustments for dalteparin on the basis of the platelet count according to the country-specific labeling of the drug. Trial drugs could be temporarily withheld in case of a platelet count lower than 50 000/mm³ or any condition associated with an increased risk of bleeding, including surgery, invasive procedures, or deterioration of renal function. *ISTH definition of major bleeding is clinically overt bleeding associated with one or more of the following: a decrease in the hemoglobin level of at least 2 g per deciliter, a transfusion of 2 or more units of red cells, bleeding occurring at a critical site (intracranial, intraspinal, intraocular, pericardial, intraarticular, intramuscular with compartment syndrome, or retroperitoneal), or fatal bleeding

ACTS, Anti-Clot Treatment Scale; BID, twice daily; CRNM, clinically relevant non-major; DVT, deep vein thrombosis; ISTH; International Society on Thrombosis and Haemostasis; MACE; major cardiovascular event; PE, pulmonary embolism; QD, once daily; QoL, quality of life; VTE, venous thromboembolism.



Agnelli G et al. N Engl J Med. 2020;382:1599-1607 and supplementary appendix available online.

Recurrent VTE



DVT, deep vein thrombosis; PE, pulmonary embolism; VTE, venous thromboembolism.



Recurrent VTE and Major Bleeding



DVT, deep vein thrombosis; PE, pulmonary embolism; VTE, venous thromboembolism.



Results: Clinical Outcomes During the Trial Period*

Outcome	Apixaban n = 576	Dalteparin n = 579	Hazard Ratio 95% Cl	P Value			
Primary efficacy outcome, n (%) [†]							
Recurrent venous thromboembolism [‡]	32 (5.6)	46 (7.9)	0.63 (0.37 to 1.07)	< 0.001 for non-inferiority; 0.09 for superiority			
Recurrent deep vein thrombosis	13 (2.3)	15 (2.6)	0.87 (0.34 to 2.21)				
Recurrent pulmonary embolism	19 (3.3)	32 (5.5)	0.54 (0.29 to 1.03)				
Fatal pulmonary embolism [§]	4 (0.7)	3 (0.5)	1.93 (0.40 to 9.41)				
Primary safety outcome, n (%)							
Major bleeding [¶]	22 (3.8)	23 (4.0)	0.82 (0.40 to 1.69)	0.60			
Major gastrointestinal bleeding	11 (1.9)	10 (1.7)	1.05 (0.44 to 2.50)				
Major non-gastrointestinal bleeding	11 (1.9)	13 (2.2)	0.68 (0.21 to 2.20)				
Secondary outcomes, n (%)							
Recurrent venous thromboembolism or major bleeding	51 (8.9)	66 (11.4)	0.70 (0.45 to 1.07)				
Clinically relevant non-major bleeding	52 (9.0)	35 (6.0)	1.42 (0.88 to 2.30)				
Major or clinically relevant non-major bleeding ^{II}	70 (12.2)	56 (9.7)	1.16 (0.77 to 1.75)				
Death from any cause (assessed up to 210 days after randomization)	135 (23.4)	153 (26.4)	0.82 (0.62 to 1.09)				
Event-free survival ⁺⁺	422 (73.3)	397 (68.6)	1.36 (1.05 to 1.76)				

*The overall trial period for the primary efficacy outcome was the time from randomization through 6 months.

†The primary efficacy outcome (objectively confirmed recurrent venous thromboembolism) during the 6-month trial period was also the primary outcome.

Two of the recurrences of venous thromboembolism in the apixaban group were upper-extremity deep vein thrombosis.

\$A total of 3 patients in the apixaban group and 3 patients in the dalteparin group died from unexplained causes for which pulmonary embolism could not be ruled out.

¶One patient in the apixaban group had an event that was categorized as major bleeding since it resulted in a surgical intervention.

IIn patients who had more than one event, only the first event was counted.

++Event-free survival was defined as the absence of recurrent venous thromboembolism, major bleeding, or death.

CI, confidence interval; DVT, deep vein thrombosis; PE, pulmonary embolism; VTE, venous thromboembolism.



Event (recurrent VTE, major bleeding or death) Free Survival



Event-free survival was defined as the absence of recurrent venous thromboembolism, major bleeding or death.

\$}

DVT, deep vein thrombosis; PE, pulmonary embolism; VTE, venous thromboembolism.

Sites of Major Bleeding

Primary Safety Outcome	Apixaban n = 576	Dalteparin n = 579
Major bleeding, n (%)	22 (3.8%)	23 (4.0%)
Fatal [†]	0	2
Abdominal	1	0
Intracranial	0	2
Intraspinal	0	1
Pericardial	1	0
Intra-articular	0	1
Retroperitoneal	0	1
Cutaneous	1	1
Genito-urinary	4	1
Lung	1	1
Muscle	0	2
Upper airways	1	2
Gastrointestinal	11	10
Upper	5	6
Lower	6	4
Undetermined site	2	2

[†]The site of fatal bleeding was intracranial in 1 patient and retroperitoneal in 1 patient.

CRNM, clinically relevant non-major; DVT, deep vein thrombosis; PE, pulmonary embolism; VTE, venous thromboembolism.

Sites of Clinically Relevant Non-Major Bleeding

Clinically Relevant Non-Major Bleeding	Apixaban n = 576	Dalteparin n = 579
CRNM bleeding, n (%)	52 (9.0%)	34 (5.9%)
Abdominal	1	1
Intramuscular	1	1
Cutaneous	6	4
Genito-urinary	19	10
Hematuria	15	7
Vaginal bleeding	4	3
Lung	3	2
Upper airways	12	3
Gastrointestinal	11	15
Upper	2	8
Lower	9	7
Undetermined site	1	0

CRNM, clinically relevant non-major; DVT, deep vein thrombosis; PE, pulmonary embolism; VTE, venous thromboembolism.



Authors' Conclusions

- The favorable safety profile found for apixaban is in agreement with the results of previous randomized trials of this drug with respect to the treatment of atrial fibrillation & VTE in the general population
- Taken together, these findings may expand the proportion of patients with both cancer and VTE who would be eligible for treatment with apixaban, including patients with gastrointestinal cancer
- Oral apixaban was non-inferior to subcutaneous dalteparin for the treatment of cancerassociated VTE without an increased risk of major bleeding



DVT, deep vein thrombosis; PE, pulmonary embolism; VTE, venous thromboembolism.



Lower risk of recurrent VTE with DOAC vs. LMWH

CI, confidence interval; DOAC, direct oral anticoagulant; LMWH, low molecular weight heaprin; RCT, randomized controlled trails; RR, relative risk; VTE, venous thromboembolism





Increased risk of clinically relevant non-severe bleeding under DOAC vs. LMWH

CI, confidence interval; DOAC, direct oral anticoagulant; LMWH, low molecular weight heaprin; RCT, randomized controlled trails; RR, relative risk; VTE, venous thromboembolism



Mulder FI et al. Blood 2020;136(12):1433-41.



Increased risk of major bleeding under DOAC vs. LMWH?

CI, confidence interval; DOAC, direct oral anticoagulant; LMWH, low molecular weight heaprin; RCT, randomized controlled trails; RR, relative risk; VTE, venous thromboembolism





• Comparable risk of all-cause mortality with DOAC vs. LMWH

CI, confidence interval; DOAC, direct oral anticoagulant; LMWH, low molecular weight heaprin; RCT, randomized controlled trails; RR, relative risk; VTE, venous thromboembolism

